

MEADOWSTONE PLACE

TYPICAL MENU

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

1

Lunch
Salad Bar
Braised Beef w/Vegetables
Mashed Potatoes & Gravy
Broccoli w/Hollandaise
Sauce
Red Velvet Cake

2

Lunch
Raspberry Salad
Citrus Chicken
w/Asparagus & Tomatoes
Roll & Butter
Flan w/Berries
Dinner
Salad
Spinach & Red Pepper
Strudel w/Mushroom Sauce
Dessert
Bistro
Salad
1/2 Chicken Panni
Sandwich
Dessert

3

Lunch
Grilled Salmon Filet
Sautéed Vegetables
Wild Rice
Rolls & Butter
Pineapple Cream Cheese
Crepes
Dinner
Salad
BLT Sandwich
Pasta Salad
Dessert
Bistro
Salad
Loaded Baked Potato
Dessert

4

Lunch
Tomato & Avocado Salad
Grilled Shrimp Kabobs on
Bed of Sun-dried Tomato
Polenta
Apricot Tart
Dinner
Salad
Soft Beef Tacos
Rice
Sugar Cookie
Bistro
Salad
Smoked Turkey Trumpet
Wrap
Dessert

5

Lunch
Spinach & Strawberry
Salad
Chicken Marsala
Smashed Potatoes
Steamed Broccoli
Sautéed Bananas Over Ice
Cream
Dinner
Salad
Calzone w/Marinara Sauce
Broccoli
Dessert
Bistro
French Onion Soup
Dessert

6

Lunch
Wedge Salad
Broiled Tilapia w/Lemon
Butter Sauce on a Bed of
Vegetables
Fresh Berry Cup w/
Romanoff Sauce
Dinner
Salmon Croquettes
w/Cocktail & Tartar Sauce
Grilled Polenta
Dessert
Bistro
Salad
Loaded Baked Sweet
Potato
Dessert

7

Lunch
Raspberry Salad
Citrus Chicken
w/Asparagus Tomato
Roll & Butter
Flan w/Berries
Dinner
Grilled Ham & Cheese
Fresh Tomatoes & Basil